

OUR JEWISH SOURCES ON: ENERGY AND ITS USES

INSTRUCTIONS FOR DISCUSSION GROUP LEADER

Intended audience: Adults

This activity will involve study of the basic concepts regarding energy and why it needs to be saved and a number of applicable Jewish sources, and an optional demonstration of the efficiency of Compact Fluorescent bulbs. Bulbs may also be sold at the event.

THE SESSION

- ❖ Start with a short discussion about, "What Is Energy, Why and How Do We Save It?" (See attached)
- ❖ Turn the discussion to, "What do our Jewish sources have to teach us about the use of and the waste of energy?" (See "Texts to Explore", attached)

OPTIONAL ACTIVITIES

- ❖ Demonstrate the efficiency of Compact Fluorescent Bulbs (CFLS) compared to incandescent bulbs. (see attached)
- ❖ Provide CFL bulbs for sale to participants in the study session.
- ❖ Distribute and review "Home Energy Audit" check list for home follow up.

PREPARATION

- ❖ Review the attached materials, and depending on the time available and the type of audience, pick and choose what you will cover.
- ❖ Serve refreshments in washable, biodegradable or recyclable utensils
- ❖ Reduce use of photocopied paper by planning to share sheets, and/or using books, passed around AND read out loud