



Canfei Nesharim Eco-Friendly Mishloach Manot Packages

Purim Sameach! Canfei Nesharim has developed a selection of five eco-friendly and fun Mishloach Manot themed package ideas for you or your organization to prepare and distribute to your constituents on Purim.

The packages include “Lunch Break,” “Health Nut,” “Cold Kit,” “Pesach Welcome Kit,” and “The Blessing of the Sun - המצה תכרב - Birchat HaChama.” Our aim was to create healthy, earth-friendly, and economical Mishloach Manot without the waste.

All the food and non-food items are to be packaged in either a reusable container such as a washing cup or baseball cap or a biodegradable disposable container. The price key will help you or your organization find the products that fit your budget. Although we tried to help by organizing the Mishloach Manot items by *bracha* and suggested a number of items to choose for each, feel free to personalize the packages to suit your needs. Enjoy!

Price Key

! = \$.50 or less

+ = \$1.00 or less

* = \$2.00 or less

- = \$3.00 or less

No symbol = more than \$3.00

Eco-Friendly Suggestions:

- To keep items in place you may want to use a pretty handkerchief, kitchen towel, or bandana to either line the container or to wrap the container up and tie it with string or a ribbon.

- You can fill in extra space in the container by shredding (with a paper shredder or scissors) colorful old magazines or newspaper comics.

- Another option is to use whole, in the shell nuts as “packing peanuts.” You may want to also include a nutcracker.

Lunch Break

Choose One Container Option:

! 100% Recycled Paper Bag (can be decorated)

! Compostable Food "Clamshell" Container

! Compostable Two-Piece Deli Container

+ Colored Tote Bag

+ 12 oz. Corn Plastic Cup with Lid

+ BioPak Fiberboard Lunch Container

- + Compostable Food Salad Bowl Container
- Organic Cotton Muslin Produce / Snack Bag (can be decorated)
- ChicoBag - Colorful, Compact Reusable Shopping Bag
- Insulated Cooler

Choose One **Mezonot** Bracha Option:

- + Chocolate Brownie Clif Bar (other flavors available)
- + Barbara's Bakery Crunchy Organic Granola Bars Cinnamon Crisp (other flavors available)
- + Organic Kids: Cookie Snack Pack - Hunka Chunka Chocolate 1 oz. Bag
- * Humm Foods Larabar, Jocalat, Organic Chocolate Food Bar Variety Pack (other flavors available)

Choose One **HaEitz/HaAdamah** Bracha Option:

- ! Newman's Own®Organics California Raisins, 1.5-Ounce Box
- ! Organic or Locally Grown Fruit (in own wrapper): apple, clementine, orange, pear, banana, pomegranate, or coconut (can be found at Trader Joe's, Whole Foods, or your local health food store or farmer's market)
- + Santa Cruz Organic Cinnamon Apple Sauce, Snack Size

Choose One **Shehakol** Bracha Option:

- FREE Yummy Earth Organic Lollipops (with Canfei Nesharim logo sticker)
- ! Real Salt Packets (Kosher for Passover)
- + FruitaBu Organic Smooshed Fruit, Smooshed Raspberry
- + Let's Do Organic Jelly Gummi Bears
- * Horizon Organic Reduced Fat Milk, 8-Ounce Cartons
- Lake Champlain Organic Dark Spicy Aztec Chocolate Bar

Choose One **Non-Food** Option:

- ! Biodegradable Mini Towelette
- ! Biodegradable Cutlery Combo Set
- + Cloth Napkin - Natural Impressions Outdoors (other options available from Amazon.com)

Health Nut

Choose One **Container** Option:

- + Large coffee mug (from your local dollar store)
- Or see "Lunch Break" Container ideas

Choose One **Mezonot** Bracha Option:

- ! Homemade Organic Whole Wheat Hamantaschen (made by you)
- + Late July Organic Peanut Butter Sandwich Crackers

- + Barbara's Bakery Crunchy Organic Granola Bars, Toasted Almond (peanut butter flavor also available)
- * Clif Bar Energy Bars, Black Cherry Almond (other nut flavors available)

Choose One **HaEitz/HaAdamah** Bracha Option:

- ! Mixed Nuts in Shell
 - ! Organic or Locally Grown Fruit (in own wrapper): apple, clementine, orange, pear, banana, pomegranate, coconut (can be found at Trader Joe's, Whole Foods, or your local health food store or farmer's market)
 - + Sunland Salted Valencia Peanuts in Shell, 4 Ounce Bags
 - * LaraBar: The Original Fruit and Nut Food Bar - Apple Pie (other flavors available)
 - *Galil Organic Roasted Chestnuts, 3.5-Ounce Pouch
- dried organic fruit and nuts -- Flavortree

Choose One or Two **Shehakol** Bracha Options:

- ! (individual tea bags) or – (box) Stash Premium Decaf Chocolate Hazelnut Tea (other nut flavors available)
 - + Organic Honey Peanut Butter Squeeze Packs by Justin's Nut Butter (other flavors available including almond)
 - + Java Juice ® Liquid Coffee Extract, Organic Hazelnut
 - * Rigoni Acacia Honey (organic) 30 grams
 - * Fairwinds Hazelnut Coffee – One Pot Sampler (other brands available at www.gourmet-coffee.com)
- Organic jelly – FiordiFrutta samples?

Choose One or Two **Non-Food Item** Options:

- * Nutcracker (other options available on Amazon.com)
- Dr. Bronner's Organic Almond Castile Soap Bar

Cold Kit

Choose One **Container** Option:

- ! Tissue Boxes - Collect used tissue boxes, cut on one side to open, and tape up after filling with goods. If you need to purchase tissues boxes, Kleenex brand makes large, pretty floral boxes and may be available at your local Costco (not online) in bulk. You may want to roll up some tissues and tie with a colored string (or put in biodegradable baggies) and include them in the Mishloach Manot packages. Leftover tissues may be used as Shabbat toilet tissue.
- ! Bagasse Soup Bowls
- ! (with Lids)
- ! Bioplastic Soup Bowls
- + Reusable Soup Bowl (from your local dollar store)
- + Large Coffee Mug (from your local dollar store)

Mezonot:

Choose One **HaEitz** Bracha Option:

! Organic or Locally Grown Clementine or Orange (for extra vitamin C)

Choose Two **Shehakol** Bracha Options:

! (individual tea bags) or – (box) Taanug Mint Tea

+ Ricola Natural Herb Cough Drops

+ Honest Kids Tropical Tango Punch USDA Organic Thirst Quenchers 8pk

- Imagine Vegetable Broth, Organic, 16-Ounce Box

Imagine Organic Soup, Creamy Butternut Squash Soup, 16-Ounce Box

Marshall's Raw honey 3 oz

Choose One or Two **Non-Food Item** Options:

! Trader Joe's 100% Recycled Facial Tissue Pocket Packs – 10 Packs (not available on-line)

+ Handkerchief

+ Clean Well Natural Hand Sanitizing Individual Wipes

- Dr. Bronner's Orange Ginger Organic Lip Balm (other flavors available)

- Dr. Bronner's & Sun Dog's Magic Peppermint Organic Lip Balm (other flavors available)

Pesach Welcome Kit

Choose One **Container** Option:

* Washing Cup

ChicoBag - Colorful, Compact Reusable Shopping Bag (to use in Pesach shopping)

+ Colored Tote Bag

+ Wicker Basket (from your local dollar store)

- Organic Cotton Muslin Produce / Snack Bag (can be decorated)

Oven Mitt (from your local dollar store)

Choose One (or none) **HaMotzei** Bracha Option:

Organic Kosher for Passover Matzah (may be ordered from your local kosher grocery store—Yehuda or other brands)

Choose One (or none) **HaGefen** Bracha Option:

Kedem Organic Grape Juice 22 oz.

Choose One **Mezonot** Bracha Option:

Streit's Matzo Crackers, Organic Cracker, Round (may be ordered from your local grocery store that carries Streit's products)

Shibolim Whole Wheat Stone Ground Organic Crisp Bread (not kosher for Passover but looks like matzah)

Choose One or Two **HaEitz/HaAdamah** Bracha Options:

! Mixed Nuts in Shell

! Organic or Locally Grown Fruit (in own wrapper): apple, clementine, orange, pear, banana, pomegranate, coconut (can be found at Trader Joe's, Whole Foods, or your local health food store or farmer's market)

+ Organic Dried Apple Rings, 5 lb Box (separate into individual packages using biodegradable baggies)

- Ancient Harvest Organic Quinoa (must be checked prior to Pesach)

Choose One or Two **Shehakol** Bracha Options:

! Real Salt Packets

! (individual tea bags) or – (box) Taanug Chamomile Tea (other flavors available)

- Real Salt Travel Shaker – 2 oz.

Gefen 100% Organic Honey

Organic oil

Organic olives or pickles

Choose One or Two **Non-Food Item** Options:

* Naked Sponge #55 – Biodegradable Sponge

- Dr. Bronner's Citrus Liquid Soap - 2 oz (other scents available)

GreenHome Deal

The Blessing Of The Sun - המקהה תכרב - Birchat HaChama

Choose One **Container** Option:

* Sun hat or baseball cap

Choose One **Mezonot** Bracha Option:

! Earth's Best Sunny Days Snack Bars, Apple

! Late July Round Saltines, 2 Crackers per Packet (round like the sun)

+ Late July Organic Mini Peanut Butter Bite Size Sandwich Crackers (round like the sun)

Choose One or Two **HaEitz/HaAdamah** Bracha Options:

! Sun Maid Raisins, 1.5-Ounce Cartons (not organic but sunny and natural)

+ Sunland Salted Valencia Peanuts in Shell, 4 Ounce Bags

* Sunflower Seeds

- Roland Sun-Dried Tomatoes Halves, 3.5-Ounce (not organic but sunny and natural)

Choose One or Two **Shehakol** Bracha Options:

! Yummy Earth Organic Candy Drops – Cheeky Lemon (look like the sun)

! Yummy Earth Organic Lollipops - Cheeky Lemon (look like the sun)

! (individual tea bags) or – (box) Stash Premium Organic Chamomile Herbal Tea (logo is a sun and yellow box) (other yellow flavors available)
+ Sunbutter Creamy Snack Pack
- Trader Joe's Sunflower Seed Butter

Choose Two **Non-Food Item** Options:

FREE Birchat HaChama Card (Order on Canfei Nesharim website)
+ Aubrey Organics Natural Sun Protectors Sample Size (several different options)
* Burt's Bees - Lifeguard's Choice Lip Balm
- Sun & Earth Liquid Hand Soap Pump, 8-Ounce Bottles
- Dr. Bronner's & Sun Dog's Magic Organic Lip Balm, Lemon Lime